

Curriculum Vitae
Fatemeh Sheikh Moonesi, MD

PERSONAL INFORMATION

Name: Fatemeh
Surname: Sheikh Moonesi
Sex: Female
Birth Date: 08/06/1975
Birth Place: Iran, Tehran
Marital status: Married

Work Address: psychiatry and behavioral research center, Zare Hospital, Sari,Iran

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EDUCATION

1993-1998 **Medical Student**
School of Medicine, Shahid Beheshti University of Medical Sciences
Tehran, Iran

1998-2001 **Medical Internship**
Hospitals of Shahid Beheshti University of Medical Sciences

Sep. 2001 **Doctor of Medicine M.D.**
Shahid Beheshti University of Medical Sciences , Tehran, Iran.
Graduation with “A” score.

2004-2007 **Psychiatry Residency**
Zare Psychiatry Hospital, MUMS, Sari, Iran

Aug. 2007

Board Certification in Psychiatry

Mazandaran University of Medical Sciences (MUMS), Sari, Iran
I passed board exam of psychiatry , and I got 3th mark in Iran.

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Academic Affiliation

Oct. 2007- present *Associate professor of psychiatry, Fellowship of Psychotherapy*
Mazandaran University of Medical Sciences

Sep.2008-2014 *Vice Chancellor of Research in the Research Center for Psychiatry*
And Behavioral Sciences

PROFESSIONAL EXPERIENCE

Oct. 2007-present *Board of Consultant*

Iranian Journal of Psychiatry and Behavioral sciences(IJPBS)
Journal of Mazandaran University of Medical Sciences
Journal of Fundamentals of Mental Health

Oct.2007-present **Attending psychiatrist**
zare hospital; supervise and teach general psychiatry to psychiatry residents and medical students, providing assessment and treatment of patients hospitalized within the zare hospital.

List of Rotations

- **Rota in General Department of psychiatry (20 months)**
Zare Psychiatry Hospital, MUMS, Sari, Iran
- **Rota in Child and Adolescent Unit (3 months)**
Zare Psychiatry Hospital, MUMS, Sari, Iran
- **Rota in Psychotherapy Unit (3months)**

Zare Psychiatry Hospital, MUMS, Sari, Iran

- **Rota in Substance Detoxification Unit (3 months)**
Zare Psychiatry Hospital, MUMS, Sari, Iran
- **Rota in Consultation-Liaison Unit (3 months)**
Emam Khomeyni General Hospital, Sari, Iran
- **Rota in Emergency Department (3 months)**
Zare Psychiatry Hospital, MUMS, Sari, Iran
- **Rota in Neurology Department (1 months)**
Department of Neurology, Boo Alisina hospital, Sari, Iran
- **Rota in Psychotherapy Department (18 months)**
- Roozbeh hospital, Tehran university of medical sciences, iran.

RESEARCH EXPERIENCE

PUBLICATIONS

1. Creativity and intelligence quotient in bipolar disorder patient and their off spring: A controlled study: J Mazand Univ Sci 2009:20(76): 30-35.
2. Assesment of prevalence of the bipolar disorder during lunar months: World Applied Sciences journal 2010:8(3):293-295.
3. Attitudes of Iranian interns and residents towards Euthanasia: World Applied Sciences journal 2010:8(4):486-489.
4. Evaluation of mental health status in caregivers of patients with chronic psychiatric disorders: Pakistan Journal of Biological Sciences:2010:12:1-5.
5. Attitude and practice of pediatrics and gynecology physicians regarding discontinuation of resuscitation in cases of gravely ill newborns: Journal of Mazandaran university of medical sciences 2009:19:56-62
6. Evaluation of depression and anxiety in patients with tinnitus: : Journal of Mazandaran university of medical sciences2008: 17:36-42.
7. Attitude of Iranian psychiatry residents toward psychiatric objective structured clinical

- examination (OSCE): Iranian Journal of Psychiatry and Clinical Psychology 2007;13: 28-32.
8. A case report of clozapine induced oculogyric crisis: Journal of Arak University of Medical sciences,Rahavard Danesh 2008;10:35-37
 9. A prospective study of patients absconding from a psychiatric hospital in Iran: Med Glas Ljek komore Zenicko-doboj kantona 2012; 9(1):86-90.
 10. Quality of Life Enjoyment & Satisfaction in Medical Students and Natural Resources Students in Sari: J Mazand Univ Med Sci 2012;22(89):42-48.
 11. Occupational Stress Impact on Mental Health Status of Forest Workers. Middle-East Journal of Scientific Research 11 (10): 1361-1365, 2012
 12. Evaluation of group-therapy efficacy by cognitive-behavior therapy method for promoting general health among breast cancer patients: Health MED2012;6(5):1541-1546.
 13. Affective disorder as the first manifestation of methylmalonic academia: a case report:Iran J Pediatr 2012;22.
 14. Control of persistent auditory hallucinations through Audiotape therapy (three case reports): European Review for Medical and Pharmacological Sciences , 2012; 16(4 Suppl): 64-65
 15. Deep venous thrombosis and Atypical Antipsychotics: Three cases report. DARU Journal of Pharmaceutical Sciences 2012, 20:71
 16. Ten Year Chronic Conversion Disorder Associated with Abnormal Posture in Elbow: A Case Report . J Mazand Univ Med Sci 2013;23(99):100-103
 17. Critical Thinking abilities among students of medicine in Mazandaran University of Medical Sciences.J Mazand Univ Sci 2013;23(98):98-103.
 18. Happiness and Associated Demographic Factors among Medical Students of Mazandaran University of Medical Sciences. Medical Sciences.J Mazand Univ Sci 2013;23(97):132-137.
 19. The relationship between personality variables and internet anxiety in students of mazandaran university Of medical sciences and Islamic Azad university in sari. URMIA MEDICAL JOURNAL. 2013; 23 (6) :676-684
 20. .Health care violence and abuse towards nurses in hospitals in north of Iran.global

journal of health Science.2013; 5(4):1-7.

21. A comparative study of beneficial effects of olanzapine and sodium valproate on aggressive behavior of patients who are on methadone maintenance therapy: a randomized triple blind clinical trial. *European review for medical and pharmacological sciences*.2013;17:1073-1081.
22. Effect of transactional analysis education to nurses on patient's satisfaction. *Shiraz E-Medical Journal*.2013;14(2):102-111
22. Patients Discharged Against Medical Advice from a Psychiatric Hospital in Iran: A Prospective Study. *Global Journal of Health Science*.2014;6(3):213-218.
23. Prevalence and Severity of Obsessive-Compulsive Disorder and Their Relationships with Dermatological Diseases. *Acta Medica Iranica*.2014;52(7):511-514.
25. Prevention of Physicians' Suicide. *Iran J Psychiatry Behav Sci*,.2014;8(2).1-3.
26. Occupational stress impact on mental health status of forest workers. *Stress and Sleep Disorders*.2014;29(1):1
27. Effectiveness of Vitamin D Supplement Therapy in Chronic Stable Schizophrenic Male Patients: A Randomized Controlled Trial. *Iran J Pharm Res*. 2016 Autumn; 15(4): 941–950.
28. A triple-blinded, randomized, placebo-controlled trial to examine the efficacy of buspirone added to typical antipsychotic drugs in patients with chronic schizophrenia. *J Res Med Sci*. 2015 Feb; 20(2): 140–145.
29. Psychotic Symptoms as the Initial Presentation of Multiple Sclerosis: A Case Report. *J Mazandaran Univ Med Sci* 2015, 25(124): 229-235.
30. Prevalence of burnout among forest workers in Mazandaran, Iran. *JOURNAL OF FOREST SCIENCE*, 63, 2017 (2): 70–7.
31. Prevalence of Burnout among Resident Physicians in Mazandaran University of Medical Sciences, Iran. *Global Journal of Health Science* 2017, 9(4):50-56.
32. One-Year Follow-Up of Patients with a Diagnosis of First Episode Psychosis. *Mater Sociomed*. 2017 Mar; 29(1): 21–25.
33. Delusional disorder in an Iranian man with anorexia nervosa: a case report. *European Psychiatry*. Volume 28, Supplement 1, 2013, Page 1
۳۴. Comparing the effectiveness of aripiprazole vs risperidone adjunctive to lithium in patients with acute mania with psychotic features. A doubled-blind randomization clinical trial. Romina Hamzhepour., Fetemeh Sheikhmoonesi., Narjes Hendoiee and Seyed Mohammad Moosavi. *International Journal of Current Medical and Pharmaceutical Research*. 2017 NOV:11(3):2607-2611.

35. Obsessional Jealousy: A Narrative Literature Review
Fatemeh Sheikhmoonesi. Iran J Psychiatry Behav Sci. 2017 December; 11(4):e7273.
Published online 2017 August 6.
doi: 10.5812/ijpbs.727
36. Prevalence of Burnout among Resident Physicians in Mazandaran University of Medical Sciences, Iran. Fatemeh Sheikhmoonesi, Fatemeh Khani, Mohammad Khademloo, Seyyedeh Fatemeh Bahari Saravi. Global Journal of Health Science; Vol. 9, No. 4; 2017

WORKSHOPS, CONGRESSES, AND SEMINARS

- 1 -Euthanasia. Presented in “religion and medicine” seminar. January 15-16, 2008. Mazandaran university of Medical Sciences.
- 2- problem solving presented in” elevation of consultation in shaheh students”. Aug 12, 2008. Mazandaran university of Medical Sciences.
- 3- Communication skills for nurses . Presented in “communication seminar” . Feb 16-17 ,2007. Mazandaran university of Medical Sciences.
- 4- psychotherapy for grief . Presented in “psychotherapy seminar”. Nov 15-16 , 2009. Mazandaran university of Medical Sciences
- 5-TA education .presented in Nov. 15. 2008. The 8th consecutive Annual Meeting of The Iranian Psychiatric Association.
- 6-Comparison of the effects of oral olanzapine and sodium valproate on aggressiveness in methadone maintenance patients. Presented in OCT 8th•2011 ,II International congress Dual Disorders,addictive Behaviors and other Mental Disorders.

7-Creativity and intelligence quotient in bipolar disorder patients and their off springs. Presented in Fall 2011.the 10th consecutive Annual Meeting of The Iranian Psychiatric Association.

8- The effect of audiotape therapy in persistent auditory hallucination (three case report). Presented in fall 2011.the 10th consecutive Annual Meeting of The Iranian Psychiatric Association.

9- The effect of transactional Analysis education to Nurses on patient`s satisfaction.Presented in SEP 21,2011 ,Buenos Aires, Argentina.

10-Relational obsessive-compulsive disorder,case report.The 4th Cognitive behavior Psychotherapy.2016,Tehran,Iran.

11-Group Therapy for patients with MS.33rd annual congress of Iranian Psychiatric association.2016.Tehran,Iran.

12- Initial Dreams and its change during psychodynamic psychotherapy.31st annual congress of Iranian Psychiatric association.2015.Tehran,Iran.

13- Addiction and suicide, prevention and treatment implications.Addiction Sciences Congress.2016,Tehran.Iran.

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SKILLS

- 1. Psychotherapy:** Experienced in cognitive-behavioral therapy, Psychodynamic Psychotherapy. supportive therapy, intervention crisis, family therapy and psycho education.
- 2. Detoxification:** Experienced in Detoxified with methadone and bupronorphine, as well as MMT.
- 3. Computer skills:** Microsoft Word, Word Pad, Adobe Acrobat, Microsoft Excel, Microsoft Access, Microsoft PowerPoint, Photoshop, Endnote, SPSS

PROFESSIONAL MEMBERSHIPS

Iranian Psychiatric Association

LANGUAGE SKILLS

Farsi
English

Native language

Finished upper-intermediate level in Iran Language Institute (1990),
continuing advanced level in 2009-present

Experienced in translating medical books and articles

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References

1. Mehran Zarghami, MD

Professor of Psychiatry, MUMS, Sari, Iran.

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2. Abbas Masoudzadeh, MD

Assistant Professor of Psychiatry, MUMS, Sari, Iran.

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Mailing address: Department of Psychiatry, Zare Psychiatry Hospital,
Emam Reza Road, Sari, Iran.

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3. Seyed Hamzeh Hosseini , MD

Associated Professor of Psychiatry , MUMS, Sari, Iran.

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Emam Reza Road, Sari, Iran.

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